Thesis Statement Self Assessment Checklist

Use this checklist to evaluate the clarity, strength, and academic quality of your thesis statement before submitting your essay.

- My thesis makes a clear, arguable claim (not just a fact or summary).
- It answers the essay prompt directly and completely.
- The thesis contains a clear main idea and specific focus.
- It establishes scope—neither too broad nor too narrow.
- My thesis includes reasoning or key points that will structure the essay.
- It uses precise, academic language without vagueness.
- The thesis appears at the end of the introduction paragraph.
- It avoids first-person statements (unless the assignment allows it).
- My thesis does not contain filler, clichés, or unnecessary wording.
- It aligns with the evidence and arguments I plan to use in the essay.
- The thesis reflects the essay type (argumentative, analytical, expository, etc.).
- I can identify the 'claim' + 'reason(s)' clearly from the sentence.
- The thesis takes a position when required (e.g., for argumentative essays).
- My thesis can be supported within the word/page limit.
- The thesis remains consistent after drafting—no contradictions.