

ASA Paper Formatting Checklist

Basic Document Setup

Margins and Spacing

- 1-inch margins on all sides (top, bottom, left, right)
- Double-spacing throughout entire document (no exceptions)
- No extra spacing between paragraphs or sections
- Left-aligned text (not justified)

Font and Text

- 12-point Times New Roman font
- Black text throughout
- First line of each paragraph indented 0.5 inches
- No extra indentation for block quotes

Page Setup

- Page numbers in top right corner
- Page numbers on every page (including title page)
- Running head on every page in header
- Pages in correct order: Title page → Abstract → Main text → References

Title Page (Page 1)

- Running head in header (abbreviated title, 50 characters max, uppercase)
- Full title centered and bolded
- Your name below title
- Institution/university name
- Course name and number
- Instructor's name
- Date of submission
- Word count at bottom (if required)
- All elements centered on page

Example Layout:

Running Head: SOCIAL INEQUALITY AND EDUCATION

[Center and bold]
Social Inequality and Educational Outcomes in Urban Schools

Your Name
University Name
SOC 301: Introduction to Sociology
Professor Smith
November 27, 2025

Word Count: 3,250

Abstract Page (Page 2)

- Running head continues in header
- “Abstract” centered and bold at top of page
- Single paragraph, 150-200 words
- No paragraph indentation for abstract
- Keywords listed below abstract (3-5 keywords)
- Format: “Keywords: keyword1, keyword2, keyword3”

Main Text (Starts Page 3)

Title and Introduction

- Full title repeated at top (centered, bold)
- Introduction begins immediately after title
- First paragraph indented
- No “Introduction” heading needed

Headings

- First-level headings: CENTERED, BOLD, UPPERCASE
- Second-level headings: Centered, Bold, Title Case
- Third-level headings: Flush Left, Bold, Title Case
- Fourth-level headings: Indented, bold, sentence case.
- Fifth-level headings: *Indented, italic, sentence case.*
- Consistent heading levels throughout

Body Text

- All paragraphs indented except after headings
- Consistent paragraph spacing
- Past tense for completed research
- Present tense for general statements
- Active voice preferred over passive

Citations

In-Text Citations

- Author-date format used: (Smith 2020)
- No comma between author and year
- “and” used between authors (not “&”)
- “et al.” for three or more authors
- Page numbers with colon: (Smith 2020:45)
- Multiple citations separated by semicolon: (Brown 2021; Smith 2020)

Citation Accuracy

- Every in-text citation has matching reference entry
- Every reference entry is cited in text
- Author names spelled correctly and consistently
- Years match between in-text and reference list
- No citations in abstract

Tables and Figures

Tables

- Numbered consecutively (Table 1, Table 2, etc.)
- Title above table (Table 1. Descriptive Title)
- Simple, clear formatting
- Notes below table if needed
- Referenced in text before they appear
- Double-spaced

Figures

- Numbered consecutively (Figure 1, Figure 2, etc.)
- Title below figure (Figure 1. Descriptive Title)
- Clear and readable
- Referenced in text before they appear
- High quality images/graphs

References Page

Basic Setup

- Starts on new page after main text
- “REFERENCES” centered, bold, uppercase at top
- All entries alphabetized by author’s last name
- Hanging indent (0.5 inches) for all entries
- Double-spaced with no extra spacing between entries
- Continues running head in header

Entry Formatting

- Full author names (first and last)
- Year after author (no parentheses)
- Book titles italicized
- Journal names italicized
- Article titles in quotation marks
- Publisher location included for books
- Retrieval date for all websites
- DOI or URL for online sources
- Page numbers use “Pp.” or “P.”

Common Elements

- Format: Author Last, First. Year. *Title*. Location: Publisher.
- Journal format: Author. Year. “Title.” *Journal* Volume(Issue):Pages.
- Website format: Author. Year. “Title.” *Site*. Retrieved Date (URL).

Numbers and Statistics

- Numbers one through nine spelled out
- Numbers 10 and above as numerals
- Exceptions: Always use numerals for ages, dates, percentages, statistics
- Percentages: use “percent” in text, “%” in tables

Statistical symbols italicized (*p, n, M, SD*)

Quotations

Short Quotes (fewer than 40 words)

- Integrated into text with quotation marks
- Citation includes page number: (Smith 2020:45)
- Punctuation after citation

Long Quotes (40+ words)

- Block format: new line, indented 0.5 inches
- No quotation marks for block quotes
- Double-spaced
- Citation after final punctuation

Common Errors to Check

Formatting Errors

- No single spacing anywhere
- No use of bold for emphasis in text
- No underlining (use italics instead)
- No extra spaces between sections
- Consistent font throughout

Citation Errors

- No missing in-text citations
- No missing reference entries
- No “&” between authors (use “and”)
- No commas in citations: (Smith 2020) not (Smith, 2020)
- No “p.” or “pp.” in citations (use colon): (Smith 2020:45)

Reference Errors

- No incomplete entries
- No incorrect alphabetization
- No missing publisher locations
- No missing retrieval dates for websites
- No URLs without dates

Before Submission Checklist

Final Review

- Spell check completed
- Grammar check completed
- All names and dates verified
- All citations checked against sources
- Running head correct on all pages

- Page numbers on all pages
- File saved in correct format (.doc, .docx, or .pdf)
- File named correctly per assignment requirements

Content Review

- Thesis statement clear and present
- Arguments supported with evidence
- Transitions between paragraphs smooth
- Conclusion summarizes main points
- No plagiarism (all sources cited)
- Meets minimum/maximum word count

Assignment-Specific

- Follows specific professor requirements
- Addresses all parts of assignment prompt
- Includes required sections
- Submitted by deadline
- Submitted to correct platform

Quick ASA Format Summary

Basic Rules: - 1-inch margins, 12pt Times New Roman, double-spaced - Author-date citations: (Smith 2020) - No commas in citations, use “and” not “&” - Hanging indents in references - Full author names in references - Italicize book/journal titles - Quote article/chapter titles - Include publisher location - Retrieval dates for websites

Page Order: 1. Title page (with running head, title, author info) 2. Abstract (150-200 words + keywords) 3. Main text (title repeated, then introduction) 4. References (new page, alphabetized) 5. Tables/Figures (if separate from text)

Last Updated: November 2024

Print this checklist and check off items as you review your paper!